

Capsule Endoscopy Preparation:

Please follow the directions below.

1. Do not eat or drink after midnight
2. You will be given the prescription of Golytely/Halflytely – please complete this medication on the previous evening before 6 PM on the previous day.
3. Wear comfortable clothing – two layers – one inner thin layer and one outer layer.
4. Arrive to the office sharp at 7:30 AM
5. You will be swallowing a capsule that contains the video camera – this capsule will take multiple pictures of your small intestine
6. You also will be wearing a monitor belt on your waist for about 7-8 or 12 hours
7. You can do light activities while wearing the belt, but no strenuous activities are allowed.
8. After about 4 hours – you can have clear liquids to drink
9. You must return the monitor and the belt to the office at the end of the test – which will be at 3:00 or 4:00 PM the same day.
10. You must not have MRI exam – for at least 3-4 weeks. If you need an MRI exam after the capsule endoscopy – please consult your doctor and they will be able to decide when it will be safe for you to undergo the MRI exam. This can be determined by an X-ray of abdomen – if the capsule has passed, it is safe to do MRI.