



Bronx-Lebanon Hospital Center

Patient Bowel Cleansing Preparation

Beginning 24 hours before the procedure is scheduled, please follow these instructions:

BREAKFAST : YOU MAY HAVE THE FOLLOWING:

- CLEAR LIQUIDS ALLOWED
- STRAINED JUICE WITHOUT PULP
- FLAVORED GELATIN (EXCLUDING RED GELATINS)
- PLAIN BLACK TEA/ COFFEE
- SOFT DRINKS ALLOWED
- **NO DAIRY PRODUCTS ALLOWED**

LUNCH

- CLEAR LIQUIDS ALLOWED
- STRAINED JUICE WITHOUT PULP
- FLAVORED GELATIN (EXCLUDING RED GELATINS)
- PLAIN BLACK TEA/ COFFEE
- SOFT DRINKS ALLOWED
- **NO DAIRY PRODUCTS ALLOWED**

AT 1:00 PM, BEGIN DRINKING AT LEAST 8 OZ OF WATER EVERY HOUR UNTIL 4:00 PM.

DINNER

- CLEAR LIQUIDS ALLOWED
- STRAINED JUICE WITHOUT PULP
- FLAVORED GELATIN (EXCLUDING RED GELATINS)
- PLAIN BLACK TEA/ COFFEE
- SOFT DRINKS ALLOWED
- **NO DAIRY PRODUCTS ALLOWED**

➤ **AT 5:30 PM DRINK ENTIRE BOTTLE OF MAGNESIUM CITRATE.**

➤ **FROM 6:00 PM UNTIL 10:00 PM, DRINK A MINIMUM OF 8OZ. OF WATER AT LEAST EVERY HOUR**

➤ **AT 7:30PM TAKE 4 DUCOLAX TABLETS, WHICH WILL BE IN PACKAGE.**

FROM 10:00 PM UNTIL PROCEDURE IS PERFORMED, ONLY CLEAR LIQUIDS ARE ALLOWED. (DO NOT EAT ANYTHING AFTER 10:00 PM)

You will be notified by Radiology at least 24 hours prior to your exam date to confirm your appointment.

If you need to cancel or reschedule your appointment, please call (718) 992-7669