

**BRONX LEBANON HOSPITAL CENTER
DIVISION OF GASTROENTEROLOGY**



You have been scheduled for colonoscopy procedure:

Date: Time:

Location: **Bronx Lebanon Hospital center,
Gastroenterology endoscopy suite,
1650 Grand Concourse, 3rd floor**

Pre-colonoscopy patient information

To assist us in making your colonoscopy as pleasant and as comfortable as possible, please follow these instructions:

For your scheduled procedure date, make arrangements to have an escort or a responsible adult accompany you to and from the hospital. You will not be able to drive an automobile or return to work after the test. Please schedule a day off from work on your colonoscopy procedure day.

Special instruction:

- Consult with your physician to determine whether you should take any regularly scheduled medications on the date of the examination
- Wear comfortable clothing that is easy to remove and put on. Leave all jewelry, money and other valuables at home
- You have been given 2 prescriptions. One is for a gallon container named GOLYTELY and the other is for 4 DULCOLAX (BISACODYL) tablets

The Day Before the Procedure:

1. Please follow diet instruction on THE ATTACHED CLEAR LIQUID DIET INSTRUCTION
2. Starting at 5 PM, please drink an 8-ounce glass of **Golytely every 15 minutes** until you have consumed the first half of the gallon of solution.
3. Take **4 Dulcolax** tablets with water after the **second glass** of **Golytely**.
4. **Continue your clear liquid diet all afternoon and evening up until midnight.**

The Day of the Procedure:

1. At 5 AM start drinking the second half gallon of solution. You must complete the second half gallon of the Golytely solution even if your stools look watery. Stop all fluids 3 hours before the procedure.
2. Drink or eat nothing after finishing the Golytely solution.
3. Take your regular morning medicines at 7 am or after you get home.
4. **Bring a list of all your prescription and over-the-counter medications.**
5. Do not drive for 18 hours after the procedure.
6. You can resume your normal diet unless discharge instructions indicated otherwise.
7. **IF YOU ARE DIABETIC READ THE FOLLOWING INSTRUCTIONS:**
 - IF YOU TAKE INSULIN, reduce the dose by 50% ON THE DAY OF THE PROCEDURE
 - **IF YOU TAKE PILLS: do not take diabetes medicine until the procedure is over.**

If you have any questions, please call the GI office at 718-518-5550 between 2 and 4 pm on Monday through Friday.