



Gastroenterology Department

Location: 1650 Grand concourse, Endoscopy unit, Third floor. Bronx care Hospital, NY

Phone: 718-518-5014, 718-518-5550

Date of Procedure: _____ Time _____



Colonoscopy Preparation

Please fill the PEG solution container with water up-to the line and place in refrigerator to chill before start drinking.

You will drink one 8 Oz cup every 10-15 minutes.

If you feel nauseous, stop for some time and then start drinking again. Drink Ginger ale if nauseous

Please make sure to drink complete prep solution.

Day before Colonoscopy Procedure

Step 1: Time: _____ PM- Take all 4 tablets of Bisacodyl with 2 cups 8 oz of water

Step 2: Time _____ PM to _____ PM. Drink _____ liter of the PEG solution mixture.

Day of the Colonoscopy Procedure:

Step 3: Time: _____ AM to _____ AM: Start drinking the rest of _____ liter the PEG solution mixture.

Last Drink should be 3 hours before procedure time

Medication:

- ✓ Please take your Blood Pressure medication with sip of water in morning.
- ✓ Use your inhalers regularly 2 days before and take one dose before you appointment.
- ✓ Hold your diabetic pills.
- ✓ Take half of morning insulin dose. (insulin glargine, Basaglar, Lantus,)

Important:

- ❖ Liquid Diet start from morning day before colonoscopy
- ❖ Laxative can- not wash the solid food from colon.
- ❖ Poor preparation make it difficult to examine colon due to stool.
- ❖ Poor prep requires repeat colonoscopy.
- ❖ After the procedure, you will need an escort or a responsible adult accompany you back from the hospital.
- ❖ You will not be able to drive an automobile or return to work after the test.
- ❖ Please schedule a day off from work on your colonoscopy procedure day.